

Mount Rainier National Park

National Park Service
U.S. Department of the Interior



Summerland



This popular trail leads hikers through lowland forests to subalpine meadows along a section of the 90-mile (145 km) Wonderland Trail. Avid climber and explorer E. S. Ingraham named this area during one of his many visits to the mountain.

**Stay on trails. Do not pick flowers.
Carry the "10 Essentials" and
Leave No Trace of your visit.
Pets and bicycles are not allowed
on park trails.
Do not feed or approach wildlife.
Use a topographical map.
Permit required for wilderness camping.**

Trail Description



Round-trip Distance:
8.5 miles (13.7 km)

Elevation Gain:
1500 feet (457 m)

Hiking Time Round-trip:
4 hours

Difficulty Level:
Moderate

Trailhead: Drive through the White River Entrance and proceed 3 miles (4.8 km) to a parking area near the Fryingpan Creek bridge. The trailhead is across the road. Parking space is limited and fills early on sunny summer days. Have an alternate hike in mind in case parking space is not available.

Along the Trail

The variety of subalpine wildflowers, panoramic views of Mount Rainier and Little Tahoma, and frequent sightings of

mountain goats and elk herds make this hike extremely popular.